

## Some Famous Sayings:

“Each cup of tea represents an imaginary voyage”

*Catherine Douzel*

“If you are cold, tea will warm you; if you are too heated, it will cool you; If you are depressed, it will cheer you; if you are excited, it will calm you”

*Gladstone (1865) Victorian British Prime Minister*

“Tea, though ridiculed by those who are naturally coarse in their nervous sensibilities...will always be the favoured beverage of the intellectual”

*Thomas DeQuincy (1875-1959)*

“There are few hours in life more agreeable than the hour dedicated to the ceremony known as afternoon tea”

*Henry James*

“In nothing more is the English genius for domesticity more notably declared than in the institution of this festival – almost one may call it - of afternoon tea... The mere chink of cups and saucers tunes the mind to happy repose”

*George Gissing*

# The Milestone Hotel



## Afternoon Tea Menu





***“Tea! Thou soft, thou sober, sage and venerable liquid,***

***Thou female tongue-running, smile-smoothing,***

***Heart-opening, wink-tipping cordiale, to whose glorious insipidity***

***owe the happiest moment of my life, let me fall prostrate”***

***“The soothing rite that calms the soul, lifts the spirit***

***and makes any afternoon an extraordinary event”***

**Colley Cibber – The Lady’s last Stake, 1708**

**The Milestone Hotel**

**1 Kensington Court, W8 5DL**

**Phone 020 7917 1000 Email: [bookms@rchmail.com](mailto:bookms@rchmail.com)**

### **Tisane**

#### **Peppermint**

Whole peppermint leaves have been roughly cut to produce a refreshing and cleansing drink. Full of minty fresh flavour, this infusion delivers a cooling caffeine-free brew. Reputed to aid digestion, it is ideal as an after-dinner drink.

#### **Blackcurrant and Lavender**

The rich combination of sweet blackcurrant and lavender provides a delicious autumn taste, transporting you to picturesque views of fiery golden leaves, vibrant holly berry hedgerows and fields of golden crops ready for harvest.

### **Oriental**

#### **Long Jing Green**

Long Jing or ‘Dragonwell’ green tea is recognised as one of China’s ‘10 famous teas’. It is produced in misty hills around the famous West Lake, near the city of Hangzhou, in the Dragonwell Springs area. Commonly produced by hand, the leaf has a long, flat appearance creating a rounded full-bodied green tea which tastes sweet initially, with a slightly savoury aftertaste of ‘popped corn’.

#### **Jasmine Pearls**

Each jasmine pearl is hand-fashioned by twisting exceptionally long, downy leaf bud sets together and rolling them into silvery balls. These are then scented six times with fresh, aromatic jasmine flowers. When brewed, the pearls unravel to reveal an elegant scent and a sweet, fresh silvery liquor with the delicate taste of jasmine blossoms. Best enjoyed without milk or sugar.

#### **White Silver Tips**

Subtle, fresh and sweet peachy in character from the youngest unopened buds. This rare tea is sought after for its antioxidant qualities.

#### **Jin Shang Tian Hua – Flowering Tea**

The delicate leaves have been carefully sewn together to contain three chrysanthemum flowers. This stunning tea is transformed when brewed, as the leaves unfurl to release the beautiful flowers suspended in a lively, light liquor with subtle aromatic pine notes from the chrysanthemum flowers. An exquisite hand-made Chinese green tea with a clear, pale golden appearance, it is best enjoyed without milk or sugar.

## Teas Available

Please choose from our finest selection of freshly brewed international teas served traditionally:

### Traditional English

This traditional tasting tea is a blend of the finest Assam teas. A classic and robust tea which gives strong, smooth, rich liquor. Enjoyed with or without milk.

### Traditional English Decaffeinated

The same classic blend as Traditional English, but naturally decaffeinated for a rich tasting tea without the caffeine.

### Signature Earl Grey

A rich dark Keemun tea blended with the oil of the citrus fruit Bergamot and combined with delicate lavender flowers to produce an aromatic floral blend.

### Second Flush Darjeeling

'Silbung' to the locals, this 'fine, tippy, golden, flowery, orange pekoe' exhibits an exquisite liquor, delicate and full flavour.

### Second Flush Assam

Assam is a strong black tea with a rich copper colour. 2nd Flush Assam, the harvest picked in June only, is known for being particularly smooth, and bursting with rich and a malty character.

### Russian Caravan

In the 18th century, crates of tea were transported from China to Russia in camel caravans. The journey was long and arduous and along the way the tea picked up smoky aroma's from traveller's campfires. Since then these flavours have been re-created as 'Russian Caravan'. This blend of Keemun and Oolong creates a smooth, satisfying tea with a smoky flavour.

## The Origins of Afternoon Tea

Afternoon tea as a specific meal did not evolve until the beginning of the nineteenth century, although the drink had been popular since its introduction in 1559. Anna, Duchess of Bedford, invented the meal to fill the time between early luncheon and late dinner, which she felt proved to be the low point of many, a country house party.

As time progressed, it became a meal surrounded by etiquette and very strange customs; silver teapots, delicate china, cake stands, starched napkins, whether to pour the milk before or after the tea.

The heyday of afternoon tea was in the days of the British Empire when the "Sahib" and his family, having taken early luncheon, would have to wait until the cool of the late evening to take dinner. Afternoon tea once again filled the gap, when they returned home they brought the ceremony back home with them.

It was at this point that the fashionable hotels took whole heartedly to the serving of traditional afternoon and Devonshire cream teas.

**Afternoon tea is served daily in the  
Park Lounge and the Conservatory  
1.00pm to 6.00pm**



## Traditional Afternoon Tea

£31.50

Finger Sandwiches including:

- Smoked Scottish salmon and cream cheese
- Free-range egg mayonnaise and Hampshire watercress
- Roast ham and English mustard
- Mull of Kintyre Cheddar and tomato
- Cucumber
- Chicken mayonnaise with chopped almonds

A warm selection of freshly baked scones baked with Devonshire clotted cream and homemade strawberry preserve with a pot of tea of your choice served with milk or lemon

A selection of Tea Pastries including:

- Éclairs
- Tartlets
- Cupcakes
- Cakes
- Macaroons

## Champagne Afternoon Tea

£39.50

Enjoy the traditional afternoon selection with a glass of liquid elegance – a glass of chilled Champagne



## Royal Afternoon tea

£70.00

(For 2 people)

Finger Sandwiches and an assortment of Tea Pastries along with a warm selection of freshly baked scones baked with Devonshire clotted cream and homemade strawberry preserve with a pot of tea of your choice served with milk or lemon and half a bottle of Champagne

## Ruinart Royal Afternoon tea

£100.00

(For 2 people)

Enjoy the traditional afternoon selection served with a half bottle of Ruinart Champagne

## Little Prince and Princess Tea

£12.50

(For children under 12 only)

A selection of finger sandwiches, freshly baked scones with Devonshire clotted cream, preserves, French pastries and hot chocolate.



All prices are inclusive of Vat

A discretionary 12.5% service charge will be added to each bill

If you are allergic to any food products, please advise a member of the service team